

HAND EXERCISE DEVICE

ABSTRACT OF THE DISCLOSURE

The present invention provides a device for generating callused skin on
5 a fingertip of a user while simultaneously providing an individual finger and
overall hand exerciser. The device forms an exposed upper surface area
having a raised ridge or a series of raised ridges extending the length of the
upper surface area. Grooves transect each ridge, forming a crest extending
perpendicular to the length of the ridge. A series of grooves are provided
10 along the length of the raised ridge and the overall upper surface area
simulates a string of a stringed instrument.